

Minutes of the Committee Meeting of the Mid Sussex Triathlon Club 24th April 2023 Bent Arms 8pm

Committee Present: Katie McGregor- Chair Mark Walton- Vice Chair Esther Clutton- Secretary Clair Hunt- Treasurer Kieren Miller -Webmaster Steve McMenamin- Head Coach Zoe Rochol- Juniors Secretary and PR Clarissa Walton- Welfare Officer Kate Bradford -Social Secretary Simon Barton- Membership Secretary Debbie Ware- Open Water Swimming Jo Fleming- Race Director Vacant- (Member without portfolio vacancy (Duathlon/Triathlon)	Committee Apologies: Roger Smith- Press officer Zeynep Bull- Webmaster John Mactear -Member without portfolio (BAR Director) Flo Wolfe- Social Secretary
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1.Minutes of previous meeting. Accuracy and matters arising. Most points have been actioned.

2. Club Website (Zeynep Bull, Kieren Miller) - Cont. to update website as and when requested.

5.Treasurer Report- (Clair Hunt) Updated Friday. Ardingly College owe 3 rebates -will offset against Junior event. Reviewing of payments for swim/spin/S&C has been successful

Action- Mark- Outstanding kit payments to chase

6.Coaching and Training Matters- (Steve Mcmenamin)

Spin classes are averaging 9-12 currently. Reassess mid May.

Monday swims have been going well. Ideally want to move to 2 swimmers per coach in the future (on Mondays) to allow for one to one at some points in the session.

Steve has been exploring a collaboration with the Tuff Fitty Club for friendly events and it being reciprocated. May expand to EGTri as well. Friendly swimming gala discussed.

Also discussed the 'Slow Swim' events and how we encourage more of our members to sign up.

Action- Steve- Kit- EA and BTF coach shirts to be ordered

Action- Swim coaches to keep a register and pass on to SM for no shows. Members will be excluded from the following session.

7. Open Water Swimming (Debbie Ware)

Chris has tested water quality- OW Swimming starts at the revised date of May 6th.

No fee to swim this year as we will have our own kayakers. Looks like one duty per member at the moment.

Duty man is ready. 60 have signed up so far. The club are hoping that more will sign up as the weather continues to improve.

Worth noting- that there may be some disruption at the reservoir as South East Water commences work on rebuilding the collapsed bank.

Members will need to sign up to kayak and a spotting duty before they can book an Open water swim session.

Chris has also agreed to 2 social Triathlon events being run this season from the reservoir.

A review of the session has resulted in a 'Long swim course' for our experienced and established swimmers and a 'Short course' for our beginner and swim run members. The smaller swim triangle will sit within the larger swim triangle to enable the kayakers to have a good view of all swimmers. The committee also discussed introducing a 'beginner' swim hat in a different colour so kayakers and spotters could keep a closer eye on these members.

8. Club Race (Jo Fleming)Bookings are up this year (at this point)and trending higher than in the last 7 years. Club Race- 11th June 2023.

Action- Jo to organise a Race Committee of 4 people.

9.Membership (Simon Barton)- Down on last year. 3 guest members have converted to full membership.

Action- SB Renewals for coming season

10.Welfare (Clarissa Walton)

Action- Kaitie to find out how Clarissa accesses the Welfare account.

11.Events (Duathlon/Trifest/BAR) -John Mactear . ABS

12.Press and Community Links- (Roger Smith. Z.Rocholl)

Action -Katie/Zoe launch newsletter to update members on monthly activities.

13.Kit - (Mark Walton) Hats and buffs have arrived so they are ready to be purchased by members. Mark has been taking them to training sessions to distribute . Hats are £8.50 (come in black or gold)and Buffs are £7. Payment details from Mark Walton.

Also Grey/Gilbert kit webshop will go live this week.

14.Juniors . (Zoe Rocholl) Junior event on the 15th July. Currently 3x level 2 and 3 x level 1 coaches are in place to facilitate the day. Coaches involved - Level 1 Zoe ,Esther, David, Clarissa, Level 2- Doug, John and Jo . (Joanna and Steve possibles)

15.Social Events - (Kate Bradford/Flo Wolfe)

Many thanks to Fo and Kate for organising the Club Curry last week. It was greatly enjoyed by all.

The pizza turned up for the Swim social (last Thursday of the month). We will order an extra pizza next time.

Bouldering is also being planned as the next social event.

Coffee Van at the reservoir will be explored as OW swimming becomes underway.

16.AOB

Swim Trek Holidays for club members being explored

Succession of Committee members. Katie McGregor (Club Chair) will be stepping down as Club Chair in November due to family commitments. We will be reshuffling the Committee and will be on the look out for new Committee members. If you are interested please do get in touch.

Next Meeting - 22nd May, 5th June, (11th June MSTC Triathlon, 30th June-Juniors event) 17th July, 4th September, 9th Oct, 20th Nov -AGM, 11th Dec.