

Minutes of the Committee Meeting of the Mid Sussex Triathlon Club 13th March 2023 Bent Arms 8pm

Committee Present: Mark Walton- Vice Chair Esther Clutton- Secretary Steve McMenamin- Head Coach Zoe Rochol- Juniors Secretary and PR Simon Barton- Membership Secretary Flo Wolfe- Social Secretary Debbie Ware- Open Water Swimming Jo Fleming- Race Director (Member without portfolio vacancy (Duathlon/Triathlon)	Committee Apologies: Katie McGregor-Chair Clair Hunt- Treasurer Roger Smith- Press officer Kate Bradford -Social Secretary Zeynep Bull- Webmaster Clarissa Walton- Welfare Officer John Mactear -Member without portfolio (BAR Director) Kieren Miller -Webmaster
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1. Minutes of previous meeting. Accuracy and matters arising. Most points have been actioned.

2. Club Website (Zeynep Bull, Kieren Miller) - The handover is going well.

Action - KM/ZB-Committee Profiles need updating

Action -KM/ZB- Data Dump for Steve Mcmenamin to check numbers

Action-KM/ZB -Stagger bookings to avoid the same members booking 2 weeks in advance and then cancelling last minute.

Action- KM/ZB to look into automating an email of lists of attendees to session plus a reserve list.

Action- KM and Simon Barton - England Athletic membership renewal to revert to old system. Reinstating Functionality.

Action KM/ZB- Check the Trello board is not locked.SB needs access.

Action- KM/ZB- Check which club emails need to be culled. Some are active and others are not.

5. Treasurer Report- (Clair Hunt) ABS

Action- Katie to confer with Clair Hunt re finances

6. Coaching and Training Matters- (Steve Mcmenamin) The club welcomes a new Level 1 coach to the club-David Turner.

Mondays- 6 week swim technique workshops are going well and sell out straight away.

Action- Swim coaches to keep a register and pass on to SM for no shows. Members will be excluded from the following session.

Action- Katie Wright- Strength and Conditioning to wrap up by end of March. Confer with PPT.

7. Open Water Swimming (Debbie Ware) Debbie met with Chris and the first swim will be launched from Tuesday May 2nd and will run through to September. Worth noting- that there may be some disruption at the reservoir as South East Water commences work on rebuilding the collapsed bank.

Members will need to sign up to kayak and a spotting duty before they can book an Open water swim session.

Chris has also agreed to 2 social Triathlon events being run this season from the reservoir.

A review of the session has resulted in a 'Long swim course' for our experienced and established swimmers and a 'Short course' for our beginner and swim run members. The smaller swim triangle will sit within the larger swim triangle to enable the kayakers to have a good view of all swimmers. The committee also discussed introducing a 'beginner' swim hat in a different colour so kayakers and spotters could keep a closer eye on these members.

Action- Debbie to speak to Kieren /Zeynep re OW sign up on the website

8. Club Race (Jo Fleming) Bookings are up this year (at this point) and trending higher than in the last 7 years. Club Race- 11th June 2023.

Action- Jo to secure a budget for marshalls for the race and research T shirts.

9. Membership (Simon Barton)- No new members since the last meeting.

Action- SB Renewals for coming season

Action- SB/KM -Youth Membership activated on the website/membership option

10.Welfare (Clarissa Walton)

Action- To network with other clubs and South East BTF to look at how they manage Youth Membership.

11.Events (Duathlon/Trifest/BAR) -John Mactear . ABS

12.Press and Community Links- (Roger Smith. Z.Rocholl)

Action -to continue to publish club results on social media and via the local paper.

13.Kit - (Mark Walton) Hats and buffs have arrived so they are ready to be purchased by members. Mark has been taking them to training sessions to distribute . Hats are £8.50 (come in black or gold)and Buffs are £7. Payment details from Mark Walton.

14.Juniors . (Zoe Rocholl)Contract is waiting to be signed with Ardingly College for the Junior event on the 15th July. Currently 3x level 2 and 3 x level 1 coaches are in place to facilitate the day. Coaches involved - Level 1 Zoe ,Esther, David, Clarissa, Level 2- Doug, John and Jo . (Joanna and Steve possibles)

Action- ZR to sign contract with Ardingly College.

15.Social Events - (Kate Bradford/Flo Wolfe)

Velodrome is booked for the 15th April.

Coach and Committee Social is planned for the 21st April. More details to follow.

Club social -28th April . More details to follow.

Thursday swim (last session of the month) Social- Pizza to be organised.

Coffee Van at the reservoir will be explored as OW swimming becomes underway.

Action- EC and Flo to make bookings.

16.AOB

Next Meeting - 24th April, 22nd May, 5th June, (11th June MSTC Triathlon, 30th June-Juniors event) 17th July, 4th September, 9th Oct, 20th Nov -AGM, 11th Dec.

